

## Company Values

### Empowerment

We empower everyone who comes into contact with our organisation. We define empowerment as connection with the Authentic Self, combined with skills, knowledge and confidence to take appropriate action for the benefit of themselves and others.

### Learning

We promote an organisation where learning can take place. We develop products and services that share the learning of ourselves and others. We develop our organisation by evaluating our experiences and making any relevant changes, to enable us to deliver even more profitable services that benefit our customers.

### Trust & Integrity

We operate from a place of integrity. We take responsibility for our actions. We search for the integrity in others and we operate a no blame culture.

### Value for Money

We offer value for money to all our clients and customers and seek best value when engaging with our suppliers.

### Health & Energy

We understand that everyone's mind and body alliance are intrinsically linked. We encourage and seek ways to encourage a 'wellness' balance in both ourselves and our customers.